

# BULLETIN

## *You Can Trust Him*

We live in a time when many people: be they single, wife, husband, child, parent, teacher or preacher, feel trapped by forces beyond their control. Every person seeks some meaning in life and it's relationships, it's tasks, it's drudgery, it's joy and at times, it's sameness. Is recognition, prestige, a promotion or perhaps no promotion worth it, if it means a simpler existence, the answer?

Well, friend, into a world where many long for a past which never was, worry about a future which might never be, and live in a present which they could scarcely endure, came Jesus Christ, God's servant and Son. Jesus preached good news to the poor, proclaimed release to captives, gave sight to the blind and set the oppressed free.

Real ministry or service in Christ's name means to let His truth become real in our lives, so that fidelity to His will becomes infinitely more important than success. We have to give up our securities for His security, our meaning for His meaning.

No role can in itself be a reason for being, but knowing our reason for being gives meaning to the places where we are right now and to whatever place He may lead us tomorrow. A people thus committed to Him knows that work in the Lord is not in vain.

Do you search for a meaning? Try a deeper life in Jesus.

Adapted from John Byrne

## **The Manchester church of Christ**

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### **Our Minister:**

Park Linscomb 540-0287

### **Our Elders:**

Barry Fogal 487-2387  
Gerry Millette 497-3105

### **Our Deacons:**

Benevolence - David Skerry  
Building & Grounds - Will Hamel / Peter Steffensen  
Education - Doug Paul

### **Worship Time:**

Sun. Worship - 9:30am  
Bible Class - 11:00am  
Sun. Evening - 6:00pm  
Wed. Bible Class - 7:00pm



**Dear Lord, make me patient and respectful towards my parents and all people, let me give them honor and love, and let my behavior be pleasing to You.**

**Amen**



# Family Events

“So then, while we have opportunity, let us do good to all people, and especially to those who are of the household of the faith.” Galatians 6:10, NAS95.

**If you are a visitor to our church, welcome!** If you have questions, we welcome them; please do not hesitate to ask Park Linscomb, our minister, the really tall guy, or any other church member.



- **NOV 5** - GOSPEL MEETING
- **NOV 6** - MNFM @6PM
- **NOV 11** - FAMILY MOVIE NIGHT @6PM
- **NOV 17-19** - YOUTH RALLY, MANCHESTER, CT (DRIVERS & CHAPERONES NEEDED!) PLEASE CALL THE OFFICE TO VOLUNTEER

## FALL MEETING

David Rollert, minister at the Lakes Region church of Christ is with us this weekend discussing “What is this Gospel that People Talk About?”.



We are thankful to David for his love for the Lord and the opportunity we have to be uplifted and encouraged by these lessons. Thank you, David.

## DISASTER RELIEF

Penny is donating money from her card sales to the Disaster Relief effort. Cards are \$5 a pack and are in the basket in the foyer. Please leave your money in the envelope.

## Wed. Evening Suppers

Supper is every Wednesday @6pm. This week, Freda is cooking chicken, potatoes, a vegetable & dessert. Dinner is still only \$4 per person.

🕒 Please help by signing up in the foyer under:

- Are you coming?
- When are you willing to cook?

🕒 If you would like someone to team with, call the church office or grab a friend, plan your menu.

🕒 Call the church office with your menu by Tuesday so it can be posted.

## Ladies’ Bible Study

Watch for details on a new Ladies’ Class. All interested, please talk to Linda Paul. Children are welcome.

THANKS

To our teachers & helpers. Have you told your teacher or your child’s teacher ‘thank you’?

To all who came out for Trunk or Treat.

To all who have been encouraged by David this weekend.

To those who take trash out each week.



## Pantry:

The pantry is thankful for all donations. Please check expiration dates to be sure the food is still safe.

## Turkey Baskets



If you or someone you know needs a basket, please let David know or call the office. It is best if the people come to pick their basket up. They should be ready for pickup about 6pm.

- Sign up sheets are in the foyer for contributions to the turkey baskets. Please bring food by Sun., Nov. 19.
- Baskets will be put together on Nov. 21 at 5pm.
- After the baskets are put together, pizza will be provided.

## Lord’s Supper to shut-ins

Volunteers needed, **now**. Please talk with Doug Paul about this.

## Mowing & Grounds

• We need everyone’s help to keep things tended. It gives a caring impression to those around...if we care about the building, we must also care about their souls.

• *There is a sign up sheet in the foyer, including snow removal - it is coming!*

## Family Bible Reading, Birthday and Congregational Calendar for Nov. 5- Nov. 11

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5-2 Chrn. 25-27	6- John 16 ..... MNFM @ 6pm  Deniza Chase - BD	7-2 Chrn. 28-29	8-John 17 ..... Wed Evening Supper @ 6pm	9- 2 Chrn. 30-31	10-John 18	11- 2 Chrn. 32-33 ..... Family Movie Night @6pm  Freda Potter - Anniv Ken Simon - BD
		Noreen Dutch - BD		Judy Diaz - BD	Lauren King - BD	

# Youth & Family News



## UPCOMING EVENTS

Be on the lookout for future events. If you want to lead an event, or help, please call the church office to check that the date is free and **PLEASE volunteer!**

**Nov. 11 - Family Movie Night** - donation appreciated - 1 can of chicken per child

**Nov. 17-19 - Youth Rally** - Manchester, CT - **Need:** chaperones to go. Please call one of the elders or the church office to volunteer.

**Giving Tree:** Melissa Therrien will be heading this up. If you would like to help or know people who could use some help, please let Melissa know or call the church office.

**Dec. 10:** Teen Holiday Party at the Paul's from noon to 3pm. Lunch will be served. More details to come.

**Dec. 16:** Family Movie Night @ 5:30 - Polar Express. More details to follow.



## Question of the Week

What kind of tone do you use? Would you like someone to speak to you in the same way?

## TEN GOOD REASONS TO BE ON TIME TO BIBLE CLASS

If your child is ON time to Bible Study, he/she will:

1. Understand that Bible Study is an important event.
2. See where your priorities lie. (Is your child late to school, practice, concerts?)
3. Not miss the opening moments of instruction, which may be crucial to the lesson.
4. Feel that he is an *integral* member of the class.
5. Be saved from the embarrassment of being late.
6. Get a good seat in class.
7. Not disrupt the other students in their attention to the lesson.
8. No distract the teacher from their teaching.
9. Be able to bond with other students in the minutes before class begins.
10. Be there to welcome others.

Remember: Your child can not be on time if you are not.

## TEN WAYS PARENTS HELP CHILDREN BE PRESENT & ON TIME TO BIBLE CLASS

### TODAY

1. Decide that you will be present and early for Bible class

### SATURDAY

2. Gas the car
3. Lay out the clothes to be worn
4. Set the breakfast table on Saturday night
5. Take baths on Saturday night, or make Sunday morning showers short
6. Put Bibles and lesson materials by the exit door
7. Set the alarm clock to allow enough time to get ready
8. Go to bed early enough so that getting up Sunday morning will not be a problem

### SUNDAY

9. Get up when the alarm goes off; get the children up when you do
10. Walk out the door at a time to allow you to be on time (travel time +15 minutes)

Remember: Determination and Preparation usually accompany Success.

Tommie A. West

# *A Parting Encouragement*

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*“For this reason we must pay much closer attention to what we have heard, so that we do not drift away from it.”*  
Hebrews 2:1, NAS95.

## **FAMILY COMMUNICATIONS, PT. 4**

### ***Avoid Using a Loud or Angry Tone***

We’ve been thinking about healthy communication skills in this bulletin space for the last couple of weeks. We’ve talked about the importance of listening and letting the other person finish talking, the clear wisdom of thinking before you speak, and “speaking the truth in love,” but good, effective, and Christian communication has even more facets to it. For today, let’s talk about avoiding loud, angry voices.

It has been said that somewhere between 60% and 90% of communication is non-verbal, depending on who you are and the circumstances you’re in. That is to say that the words that we use are only part, the minority part, of how people understand us. This non-verbal communication includes things like body language, facial expressions, gestures, and *tone*. Often we use the “right” words, but with the wrong tone; and then we wonder how the discussion turned into an argument and then into a shouting match. The problem was that what we were saying was “colored” (*darkly*) by the way we were saying it.

God knew this a long time ago as He inspired the wise man, Solomon, to write, “*A gentle answer turns away wrath, But a harsh word stirs up anger,*” (Proverbs 15:1), and “*By forbearance a ruler may be persuaded, And a soft tongue breaks the bone.*” Proverbs 25:15.

Psychological studies have been done on what happens to communication, when the volume gets turned up. The short version is that the louder you are the less likely you are to be heard; the softer you speak, even a whisper, the more likely you are to be heard.

We’ve all been there before, right? As person 1’s voice gets louder, person 2 feels compelled to get at least as loud or louder—which compels person 1 to get louder still,

and so forth until an irrational, out of control screaming match results. It doesn’t matter that you are using words, communicating what you really wanted to say isn’t happening. And I’m sure that I really don’t need to remind you that such verbal escalation can lead to violence.

On the other hand, when a loud voice is answered with a softer voice, the loud voice tends to feel compelled to dial back his/her volume, too; nobody wants to be the only hot-head. If a still softer voice is used in response, the overall volume and emotional intensity goes down, until finally actual words are being heard, rationality is restored, and real communication gets accomplished. “*A gentle answer turns away wrath....*”

Taking God’s advice on this isn’t easy. If (when) we are provoked to anger, it will take deliberate thought and a lot of self-control to not get loud. Emotions naturally provoke loudness, and loudness naturally provokes more emotion—not rational thought, listening, and “getting” what the other person is saying. So, applying this principle—especially when provoked—will take some effort, but it’s worth the effort for fewer “knock-down, drag-outs”, for fewer serious apologies that need to be made, and for real understanding.

So, get it out of your mind that louder wins, that louder is stronger or righter, or that louder guarantees that the other person will hear what you have to say. That’s all Satanic lies and the fast lane to “Dysfunction Junction”. Employ a softer voice, perhaps even a whisper at times, and prepare to be amazed at how much of what you wanted to communicate is actually received by others.

Park Linscomb